

Excellence in Therapy

As a therapist do you ever feel stuck? Do some of your clients seem to be permanently stuck? How do they keep ending up in this predicament? Do you ever have to wrestle with intractable issues such as depression or addiction? Or do you get trapped in the quicksand of your client's story? Ever think to yourself: "There must be something I can do to help them but I don't know what it is."

If any of these feel familiar then how would you like to be able to get back in the driving seat of your client work? How would you like to be able to understand what is going on in a way that lets you do something about it.

In this two day workshop by Andy Austin you can learn new ways to deal with difficult clients based on the art and science of Neuro Linguistic Programming (NLP). As a registered nurse, Andy Austin has worked in casualty, neurological and psychiatric settings. As a therapist he has worked successfully with people that would be considered very difficult clients.

In your two day hands on workshop Andy will demonstrate how to use these skills to help people who are really stuck.

On the **first day** he will lay the groundwork showing you how we construct our internal experience and how as therapists we can detect what is going on.

On the **second day**, he'll demonstrate how to use these skills to create interventions that work with addictive personalities, yo-yo quitters. He'll address the three pillars Guilt, Anxiety and Depression. and how to help your clients onto a different path.

Who is this course for?

This course is to encourage excellence in therapy and will be useful for

- Therapists
- Hypnotherapists
- NLP Practitioners and Master practitioners
- Counsellors
- Mental Health Professionals
- Psychologists
- Anyone else in the helping professions.



Andy Austin is based in Chichester and is a licensed NLP Master Practitioner (Society of NLP), Clinical Hypnotherapist (British Hypnosis Research, Royal Masonic Hospital, London) with a background clinical experience of Neurosurgery and Clinical Neurology at the UK's largest teaching hospital as a registered nurse.

Since 1996 he has been teaching Hypnotherapy and Brief Therapy techniques in the Southampton, Portsmouth, Bristol and Chichester

Venue and cost

Northumbria University, Coach Lane Campus, Clinical Skills Centre, Newcastle upon Tyne

June 21-22 : 2008

cost £125

To book your place now

full discounted amount of £125

book online at

<http://www.integritynlp.co.uk/workshops/excellence-in-therapy/>

pay by cheque

send deposit or full payment cheque made payable to IntegrityNLP
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Excellence in Therapy

presented by
Andrew T Austin

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